FROM POVERTY



COMING SOON

BUSINESS AND FINANCE

TO POWER

South Chicago ABC Zine Distro
P.O. Box 721
Homewood, IL 60430

Tribute to His Imperial Majesty

THE RASTAFARIAN COMMUNITY
WELCOMES YOU TO CELEBRATE:
THE 119th EARHTLIFE OF H.I.M.
"EMPEROR HAILE SALASSIE I"

Baby I Got You

I'll Be There for You 'Til Infinity

You're All I Need to Get By

Art of Love

TRUTH, JUSTICE AND RIGHTEOUSNESS

THE RASTAFARIAN COMMUNITY
WELCOMES YOU TO CELEBRATE
THE 119th EARTHLIFE OF H.I.M.
PROGRAM AGENDA

MASTER OF CEREMONY . . . RAS LAW

12:30-1:00 Musical Presentation by RAS PANIC I

1:00-1:15 Opening: Ethiopian Royal Prayer by RAS BABATUNDE
Chants: Rastaman Chant and By The Rivers of Babylon

1:15-1:20 Greeting and Acknowledgement of Various Religious Groups by RAS LAW

1:20-1:30 Synopsis of H.I.M "EMPEROR HAILE SELASIE I" LIFE, by RAS KING

1:30-1:40 Musical Presentation: by MERCENARY MARTY and TRAFFIC-KING

1:40-1:50 Presentation: Moorish Science Temple of America, by BRO. JOHNSON-BEY

1:50-2:00 Presentation: Nation of Islam, by BRO. CHRIS X

2:00-2:05 Musical Presentation: by RAS PANIC I

2:05-2:15 Presentation: Nation of Gods and Earth, by BRO. INFINITE

2:15-2:25 Presentation: Christian Community, by BRO. PROFESSOR

2:25-2:35 Presentation: Rastafarian Community, by RAS BABATUNDE

2:35-2:45 Closing Remarks and Acknowledgements, by RAS LAW
Closing: Ethiopian Royal Prayer, by RAS BABATUNDE

We, the Rastafarian Community extend much thanks to each and everyone for your attendance.

"Thank You"
JAH RASTAFARI





Religious, historical, and philosophical misconceptions have played a major role in the physical and mental slavery of African people. Throughout the African continent and Diaspora, missionaries used the Bible to establish the premise that Africans were the sons of Ham and cursed to be a servant of servants. Also, the story of Israel's bondage in Egypt and the concept of a white Jesus being the son of God were unceasingly taught to the Africans. This unnecessary burden has been a part of the African psyche since then. These religious ideologies helped to promote self-hate and created a superiority-inferiority complex. In light of this, we cannot afford to forget our culture. Culture has played a great role in the success of other peoples. Asian culture and economic success go hand-in-hand. Jewish culture and economic success are closely related. However, in the pursuit of social, political, and economic parity, our African leaders have oftentimes forgotten about the importance of our indigenous culture.

"The white world has always tried to rob and discredit us of our history. They tell us that Tut-Ankh-Amen, a King of Egypt who reigned about the year 1350 BC was not a Negro, that the ancient civilization of Egypt and the Pharoahs was not of our race, but that does not make the truth unreal. Every student of history, of impartial mind, knows that the Negro once ruled the world, when white men were savages and barbarians living in caves; that thousands of Negro professors at that time taught in the Universities in Alexandria, then the seat of learning; that Ancient Egypt gave to the world civilization and that Greece and Rome have robbed Egypt of her arts and letters, and taken all the credit to themselves.

It is not surprising, however, that white men should resort to every means to keep Negroes in ignorance of their history, it would be a great shock to their pride to admit to the world today that 3,000 years ago black men excelled in government and were the founders and teachers of art, science, and literature.

The power and sway we once held passed away, but now in the twentieth century we are about to see a return of it in the rebuilding of Africa; yes, a new civilization, a new culture, shall spring up from among our people, and the Nile shall once more flow through the land of science, of art, and of literature, wherein will live black men of the highest learning and the highest accomplishments."

One day – hopefully we'll all wake up and understand

THINK OUTSIDE THE CELL

"The strongest people in the world aren't the most powerful they are the ones that must struggle against adversity and overcome - and surmount them - to survive."

Without the aid of guns, knives, etcetera, we as a people, as black people, as you alone are balanced. Inside WE have the potential for superconscious awareness. We said before, it's time to step to you to act on that potential or to be subject as we always have been to AL of the worst forces that have ever been.

What are your strengths? What are your talents?

It is in the these strengths and talents that our the people's salvation lies. There again, there may be some unbalanced part of you that will only emerge when you are ready to see it and develop it.

But the conditions we live in give us an overabundance feeling of powerlessness. We see life as a series of problems rather than opportunities, and because we are tired of struggling most of us quit halfway through.

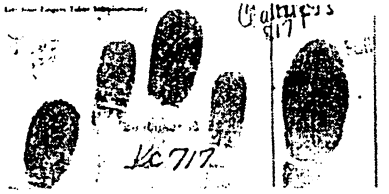
One of these feelings of powerlessness and hopelessness is our inability to control emotions, attitudes, and behaviour that harm our self-interests. We show our immature treatment of our oppressors when we fight and act out, when we escape into the highs of various drugs, when we zone out completely and give up on being successful.

But as long as we reinforce our powerlessness even further.

Instead, we can reverse the cycle by denying our fears and their ability to infinite power within us.

RAWL W









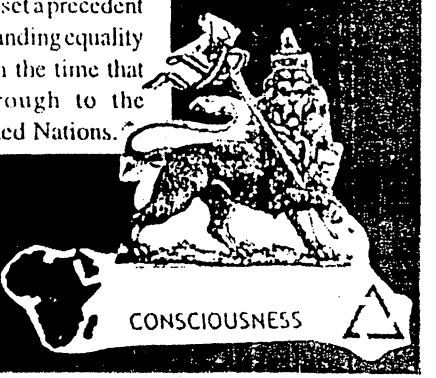
KING OF KINGS



Arms *"Race"* Policy

But without morality heads of nations have no authority except by force of arms. Therefore the western world preserve' its prestige and power by capitalising on its production and sale of arms to all *Third World* countries in dispute. Arms are the greatest source of its wealth. Heads of western governments never truly try to settle disputes. For if peace, love, and justice were to be established there would be no market for their armaments. The foundations of the western world would soon crumble. Why then should the West care about the cry of Ian'I for Black Man Redemption?

Ian'I are well aware that the major powers of the United Nations are not in favour of the former slaves leaving the West to go and re-create Africa. Nevertheless, Ian'I must never cease the call for African Redemption. For the lone voice of Haile Selassie I did set a precedent at the League of Nations by demanding equality and justice for all nations from the time that Italy invaded Ethiopia through to the foundation of the modern United Nations.

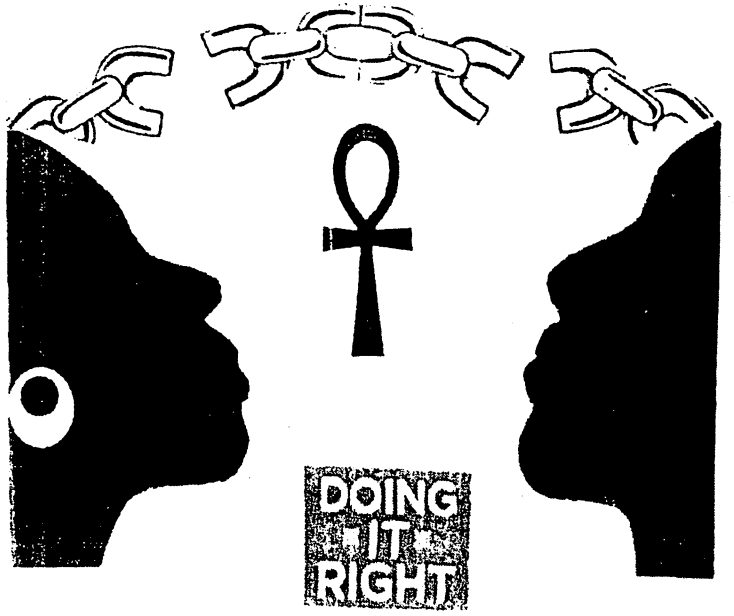


BREAKING THE CHAINS OF PSYCHOLOGICAL SLAVERY

The huge amount of lost lives to the graveyards and prison shows what can happen when energy and dedication are applied to flawed beliefs or philosophies. A few of the main flawed beliefs responsible for the aforesaid are that gangsterism, gangbanging, or being thugged out fits within the framework of being a real man or woman. These concepts, as philosophically unsound, have gained so much attention from our people in this day and age. Beliefs that seem to be rooted in a lack of knowledge of self and of the world today, many of our ideas, theories, doctrines, dogmas, and cherished beliefs have merely been borrowed from others, who consciously or subconsciously passed them on to us. Often we listen blindly to those who are considered authorities or GOD's. So some of our cherished beliefs could very well be predicated on a flawed premise or just outdated; what we think and believe, determines what we experience and perceive. A large amount of flawed beliefs seem to pervade and permeate in poor and less educated communities where people do not have a strong mental barometer to filter nuts and beliefs from sound ones. Most of the people who subscribe to such faulty philosophies would be shocked and amazed to learn that many things seem true, only because they believe them to be true.

It's not your reasoning mind that controls your mental power, it's what you believe. You see everything is about belief. Whatever we believe true, is true for us. The belief system we create is the lens that we view life through and react to. So often people believe in a false system, because a lot of the people around them believe it, this is known in psychology as social proof. When we believe something, we no longer bother to question it. It's critical that we question and analyze our beliefs perpetually, and their consequences to make sure that they're empowering us. A great way to see if your beliefs are empowering us is to see if they are producing the results you want in your life. Unfortunately a lot of good people subscribe to bad philosophies, where upon what constitutes a good or bad philosophy is not only in the truth of them (because truth is relative), but in the results they produce, the cumulative evidence, the overflow of our prisons and graveyards with the people who live by such beliefs is the point of reference that something is wrong and needs to change.

The most fruitful approach is to maintain an open mind. Whereas, anytime you're not willing to even [illegible] consider the possibility that your philosophies or beliefs are invalid. No matter what your eyes and ears reveal to you, then you no longer have a healthy relationship with reality, and could quite possibly be working yourself to a life of failure. If you have trouble receiving the precepts that I have purported, pay attention to the quote by the famed philosopher Friedrich Nietzsche given do not believe what you believe to be right by doing what you [illegible]



Life and Death

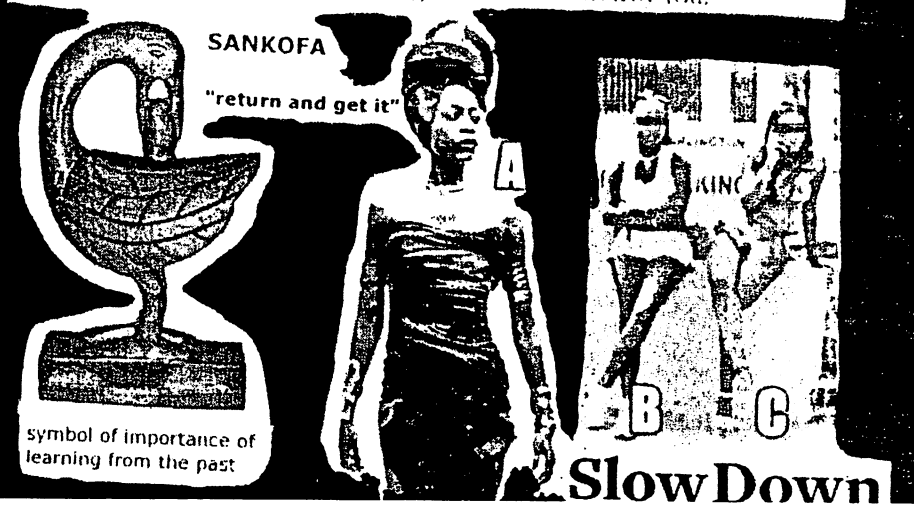
"The highest courage is to dare to be yourself in the face of adversity. Choosing right over wrong, ethics over convenience, and truth over popularity... these are the choices that measure your life. Travel the path of integrity without looking back, for there is never a wrong time to do the right thing."

In order for a man to truly live, a part of him has to die. In the months before we are born, the same umbilical cord that gives us life can also wrap itself around our throats and kill us. When we are finally born, the same umbilical cord that fed us in the womb must be cut or tied off. It is time for that part of us to die. If that never occurs, we never mature.

As we grow, life follows the same processes at every stage. There are points where we must let go of old ideas, old habits, and even old lives. When we shed those skins, we allow new ones to grow. If the caterpillar is not ready to lose her old self, she never becomes a butterfly. Having balance is an important thing, but the good must one day dominate the bad for your life to mean anything. In order to become strong, meaningful, worthy human beings, we have to eliminate what is weak within us. Many times, that process is hell, but any metal only becomes strong once it has been through fire. The fire purifies and strengthens the metal, as struggle, sacrifice, and strife do for us. After growing from weak followers to strong leaders, we are required to work for the good of others. Again, it takes a man being completely willing to lose for that man to truly win.

But many of us are scared. Are you?

Are you strong enough to eliminate your destructive habits and weaknesses? Or are you weak enough to let them destroy you?













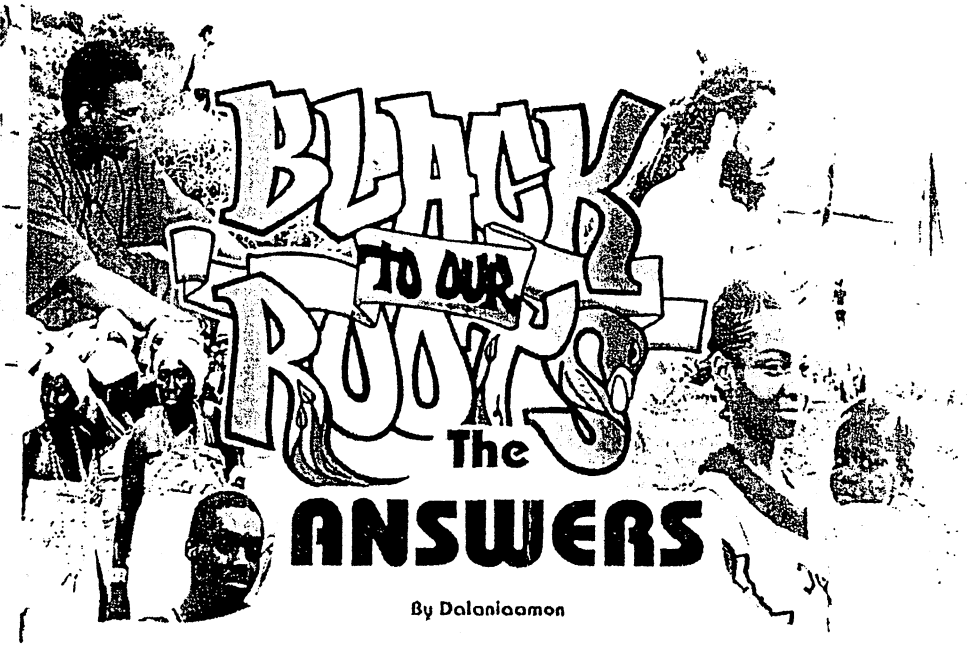




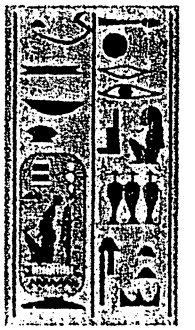
By the late 1970s, many young people who were early enthusiasts of the "black is beautiful" concept gave in to the pervasive social pressure of fitting in with the mainstream. It was time, especially for college students who'd been in the forefront of the movement, to get jobs in government, in the nation's school systems, or in corporate America. Time to integrate and assimilate, fulfilling the dreams of generations past.

The 60s and 70s war on poverty got trumped by the '80s war on crime. Various social forces prevailed, led by popular culture and the media. As more formal and legal barriers to race fell, God-given hair styles were deemed not "professional" enough. Anything remotely approaching "natural"—'fros, cornrows, braids, dreadlocks—that offended or scared the heck out of white people in the workplace, became taboo. Black women, picking up on cues from their men as well as to attain good jobs, reverted to appearing less black, most by undergoing the process of Caucasianization of the hair. While still burdensome, it was much more doable than in the days of Madame C.J. Walker's "press and curl." Meanwhile, the hair-care industry relentlessly marketed new products, giving black men and women the soggy Jheri Curl look, followed by the '90s waterfall of weaves, extensions, and wigs of endless straight-hair variety for women.

As a response to the age of increasing American conservatism, a black college administrator dictated that no students in the business school would be allowed to wear African braids lest they disrupt the image of the proper businessperson. By 2007, a slide show presented by an unidentified *Glamour* magazine editor caused an uproar on the Internet. The presentation, "Dos and Don'ts of Corporate Fashion,"



By Dalaniaamon



We as black people have the capacity to return to our own way of doing things. We can and have provided for ourselves long before now. We have been lead to think that our salvation is connected to other people. We have to start to build an image first that will turn into a reality later. That image is us caring about us and us doing for us. We have to start to reach out and learn to be producers of something that will be of value to a people in need. We have to stop networking for the sake of just making money. Networking should start to mean less dependency on other people That is the real reason we all have to bring more to the table. If you think you don't have much to offer in the way of helping your people, your admission is the first step. Most of us are in denial We must show our youth that we care about our own first We have to cultivate and help our people by encouraging them to be producers. Dr. Vernon John said it best: "either you become producers or you become a parasite." We must become the masters of our own destiny and build a nation of self-supporting young men and women. There is much work to be done in our culture that could occupy some of the wasted energy that our youth spend holding down a street corner. Teach yourself and also your off-spring about what makes us unique and great as a people. Pass those things on and make it the conversation around you. Get your children involved in upholding the majestic tradition that we have as Africans. If you don't they will uphold the tradition of what they perceive as our tradition here on television Brothers and sisters — reach back to the people in need of some answers.

The other thing that I want to leave you all with is respect for the female. We as men need to cultivate a better attitude about our women. We have to view each other with more understanding and love than we have ever done before. In a new society it will take 100% cooperation to bring about what our creator had planned for us. We need to start to practice that as you read this. Don't be afraid to address your people as brother or sister. Afford people respect beyond what they expect. Set some goals to be better than you have ever been and join the struggle for the liberation of the black mind Stop finding reasons to do nothing. Please look around and see your role in this society. In the final analysis you want to be remembered for what you did and not what you had.

Together we can build the new Africa with pride and love for one another. Stop complaining and start working on solutions. You work hard for the white man's crumbs, why not work for the future of your people? We have advanced the cause of their nation for too long. As you can see, even the people in high places have their own agenda. We must resist the urge to unite and be peaceful with people that don't and never will love us. We keep getting dressed and going to a party that we're not invited to. Aren't we better than that? Let us give our own party and dress and behave the way we know how. We are the people that gave the world its start. Our creator wants that for us today. Why won't we return to that which is in each and every one of us? The ability to turn this planet around is in our hands We have become so conditioned to inequality that we won't hold our head up and address the need for change. We are treated as second class citizens because we accept that. I am counting on you, yes you, to reject this way of life and help me build this new Africa.



S-A-G-G-I-N
N-I-G- G-A-S

I told him the origin of that look was from centuries ago. It was the intent of slave owners to demoralize the field workers by forbidding them to wear a belt as they worked ir the fields or at any other rigorous job. In addition, men in prison wore their pants low when they were 'spoken for'. The other reason their pants looked like that was they were not allowed to have belts because prisoners were likely to try to commit suicide.

And, saggin' pants prevents you from running.

We as young Black people have to be the ones to effect change. We are dying. The media has made a mockery of the Black American. Even our brothers and sisters from Africa don't take us seriously. Something as simple as pulling up your pants and standing with your head held high could make the biggest difference in the world's perception of us. It is time to do right by ourselves. We need to love and embrace each other. No one is going to do that for us.

It all comes down to perception. What people perceive is what reality to them is. We have to change not only the media's perception of us, but we need to change our perception of ourselves.

Remember all eyes are on you Black Man. All eyes are on you Black Woman. All eyes are on your Black Child. People point the finger at us and expect us to engage in negative and illegal activities, to manifest loud, boisterous behavior, to spend our hard earned money in their stores, buying goods we don't need, or really want. We have allowed not only the media, but the government and the world to portray us as a 'sub-culture.' They have stripped our culture down to the point where the image of Black people is perpetuated as rappers, athletes, drug users, and consumers of junk food, expensive tennis shoes, expensive cars, expensive TVs, cell phones and not investing in homes for our families.

We are so much more!!!!!!



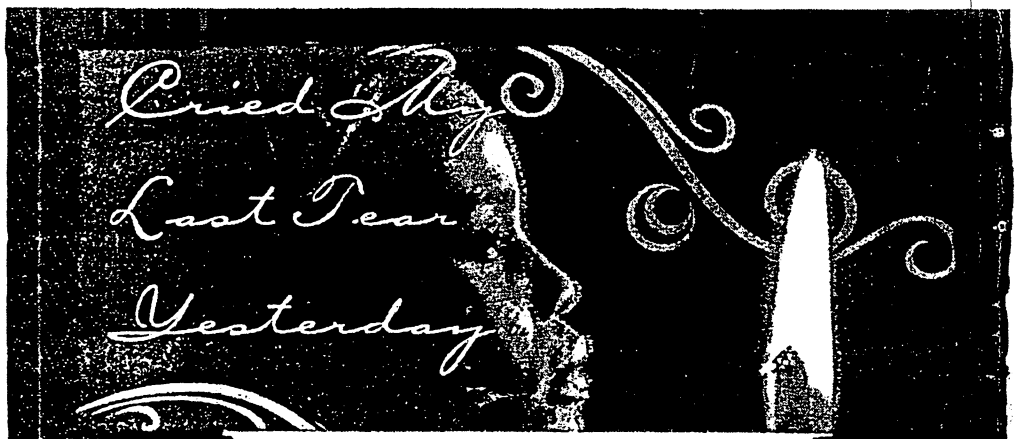
To all our Black Men It's time to stand up. There are billions of Black Women who want to do nothing more than worship the ground that you walk on. We are so in love with your potential. We want to have your back, we want to love, support and cherish every ounce of your being. But with that you have to show that you are willing to be the head of our households. You have to prove yourselves worthy of our submission. We need you to be hard working...Not a hustler. We need you to seek higher education, to seek spirituality. We need you to stand! And trust us; we will have your back. We know that it gets hard. We know you get weary. Trust and believe that there is nothing that a Black Man and a Black Woman can't handle with GOD on their side.

To all our Black Women It is also time for you to stand up. It is time for you to stop using our bodies as our primary form of communication. It is time to be that virtuous woman that Proverbs spoke of. You cannot sit by the wayside while our men are dying by the masses. You are the epitome of Black Love. It starts within you. You need to speak with conviction to let not only our Black Men know, but the world, that you are the Mothers of this world. You are so powerful. You are so beautiful. You need to love and embrace every blessing God has given us physically, emotionally and spiritually.

For all our Black Children We need to love them. We need to teach them. We need to stand up for them. We need to protect them. We need to show them that there are no 'get rich quick' schemes. We need to tell them that they WILL die trying if they submit to a life of crime and deceit. We need to teach our children that no one will love them the way we can. And being a basketball player, a rapper, or a drug dealer is not reality. It's not realistic and only a small percentage of people ever make it as a rapper or professional athlete. We need to teach our children that we can be more than rappers and athletes. We can be the owners of these sports teams. We can be the CEO's of OUR fortune 500 companies. We need to believe in literacy.

Please Keep This Going & Have a wonderful day

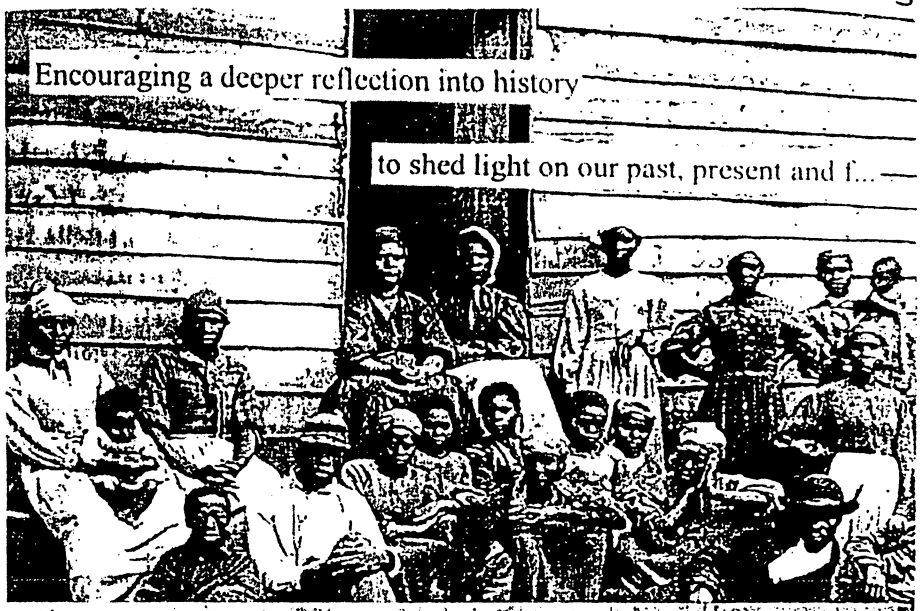
'This is the year of empowerment.' God will empower us to accomplish things this year that will be mind blowing'.



You see, I have cried for my ancestors trapped in dungeons sailing across the oceans; I have cried for their families that never got to kiss them good-bye; I have cried for their bruised fingers that picked the cotton that would never provide them the comfort of a blanket; I have cried for them when the slave master climbed between their legs, robbing them of innocence and impregnating them with generations of confusion; I cried for the invisible freedom that we are still seeking; I cried for everyone lynched, beaten and boiled; I cried for back door abortions; I cried for civil rights; for Martin Luther King Jr. who saw the mountain top but never walked the soil of the promise land on earth, I cried for my parents who did the best that they could do with the little that they had; I cried for Gloria Pointer who never made it to school because violence met her along the way; I cried for all innocent children in premature filled graves. I cried for the love that I gave on purpose when it was thrown back into my face, love that I tried to give away and couldn't find any takers now that it's valuable and is as priceless as gold just like a rooster everyone wants to return to the nest. Yes, I have cried and am fresh out of tears.

When do we start noticing that the only time we should look down on anybody is when we are stretching forth our hand to help them up.

When are we are going to stop hating and start appreciating?



NIGGA PLEASE!

Nigger was a word once used to describe an uneducated, illiterate, detrimental, insubordinate, detestable, worthless human being, which happened to be considered African Americans. However, times have changed but the ignorance behind the word remains. Slavery hasn't ended and it's shown in the continued use of the word Nigger. So brainwashed and unconscious, we have given nigger nicknames like, nigga, nigglet, my nigga, nigrle, and any other ending to the root word that sounds hip. How foolish we are as a people to believe that nigger could be used in a trendy fashion?

Now if the word is hip-hop and also a way to show your brothers and sisters love, why do we get offended when Caucasians give us a shout-out using the beloved word? Whether they use the word ending in er, or ga, being called a Nigger by Caucasians has gotten many African Americans an assault charge or high blood pressure at the least. The word love or friend is not limited to one nationality, so why do we feel this word should be retained for African Americans? Even more, why do we still give this word the power to exist?

Not all African Americans see the N-word as a term of endearment, instead it's used to show their disgust. For instance, if you use your rent money to buy Christmas toys, get your lights cut off because you bought your children Easter clothes, steal from your family members, are a drug addict, or act a fool when expected to impress, many African Americans won't hesitate to say, "Look at this Nigga", "That's a Nigga for you", or "Just like a Nigga". Ironically it appears the name callers are just like a slave master, or any other ignorant person who doesn't realize the power that word holds. Instead of degrading, why not uplift and educate? Years of suffering, ridicule, being degrading, and the biggest joke of all is that the joke is on us. We are still slaves to a word which was erroneously given to us many, many years ago. But our minds are still enslaved, though the physical chains have been unbound.

What will it take for us to elevate our minds and instead of using Nigga, try calling out brother, sister, or friend? Or will you read this article, get a good laugh, and then shout out- Nigga Please!

WATCH YOUR THOUGHTS;
THEY BECOME YOUR WORDS

WATCH YOUR WORDS;
THEY BECOME YOUR ACTIONS

WATCH YOUR ACTION;
THEY BECOME YOUR HABITS

WATCH YOUR HABITS;
THEY BECOME YOUR CHARACTER

WATCH YOUR CHARACTER
IT BECOMES YOUR DESTINY

BLACKS DONT READ

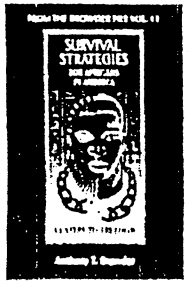
Please Note: For those of you who heard it, this is the article Dee Lee was reading this morning on a New York radio station. For those of you who didn't hear it, this is very deep and true! BLACKS DONT READ. This is a heavy piece and it was written by a Caucasian. THEY ARE STILL OUR SLAVES, we can continue to reap profits from the Blacks without the effort of physical slavery. Look at the current methods of containment that they use on themselves: IGNORANCE, GREED, and SELFISHNESS.

Explained:
Their IGNORANCE is the primary weapon of containment. A great man once said, 'The best way to hide something from Black people is to put it in a book.' We now live in the Information Age. They have gained the opportunity to read any book on any subject through the efforts of their fight for freedom, yet they refuse to read. There are numerous books readily available at Borders, Barnes & Noble, and Amazon.com, not to mention their own Black Bookstores that provide solid blueprints to reach economic equality (which should have been their fight all along), but few read consistently, if at all.

GREED is another powerful weapon of containment. Blacks, since the abolition of slavery, have had large amounts of money at their disposal. Last year they spent 10 billion dollars during Christmas, out of Their 450 billion dollars in total yearly income (2.22%). Any of us can use them as our target market, for any business venture we care to dream up, no matter how outlandish, they will buy into it. Being primarily a consumer people, they function totally by greed. They continually want more, with little thought for saving or investing. They would rather buy some new sneaker than invest in starting a business. Some even neglect their children to have the latest Tommy or FUBU, and they still think that having a Mercedes, and a big house gives them "Status" or that they have achieved the American Dream. They are fools! The vast majority of their people are still in poverty because their greed holds them back from collectively making better communities. With the help of BET, and the rest of their black media that often broadcasts destructive images into their own homes, we will continue to see huge profits like those of Tommy and Nike. Tommy Hilfiger has even jeered them, saying he doesn't want their money, and look at how the fools spend more with him than ever before). They'll continue to show off to each other while we build solid communities with the profits from our businesses that we market to them

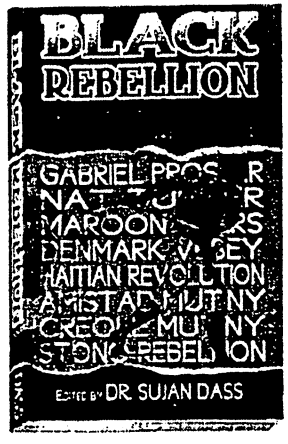
SELFISHNESS, ingrained in their minds through slavery, is one of the Major ways we can continue to contain them. One of their own, Dubois said that there was an innate division in their culture. A "Talented Tenth" he called it. He was correct in his deduction that there are segments of their culture that has achieved some "form" of success. However, that segment missed the fullness of is work. They didn't read that the "Talented Tenth" was then responsible to aid the Non-Talented Ninety Percent in achieving a better life, Instead, that segment has created another class, a flupple class that looks down on their people or aids them in a condescending manner. They will never achieve what we have. Their selfishness does not allow them to be able to work together on any project or endeavor of substance. When they do get together, their selfishness lets their egos get in the way of their goal. Their so-called help organizations seem to only want to promote their name without making any real change in their community. They are content to sit in conferences and conventions in our hotels, and talk about what they will do, while they award plaques to the best speakers, not the best doers. Is there no end to their selfishness?

They steadfastly refuse to see that TOGETHER EACH ACHIEVES MORE (TEAM)! They do not understand that they are no better than each other of what they own in fact, most of those flupples are but one or two paychecks away from poverty. All of which is under the control of our pens in our offices and our rooms. Yes, we will continue to contain them as long as they refuse to read, continue to buy anything they want, and keep thinking they are "helping" their communities by paying dues to organizations which do little other than hold lavish conventions in our hotels. By the way, don't worry about any of them reading this letter, remember, THEY DON'T READ!!!! BLACKS DONT READ"







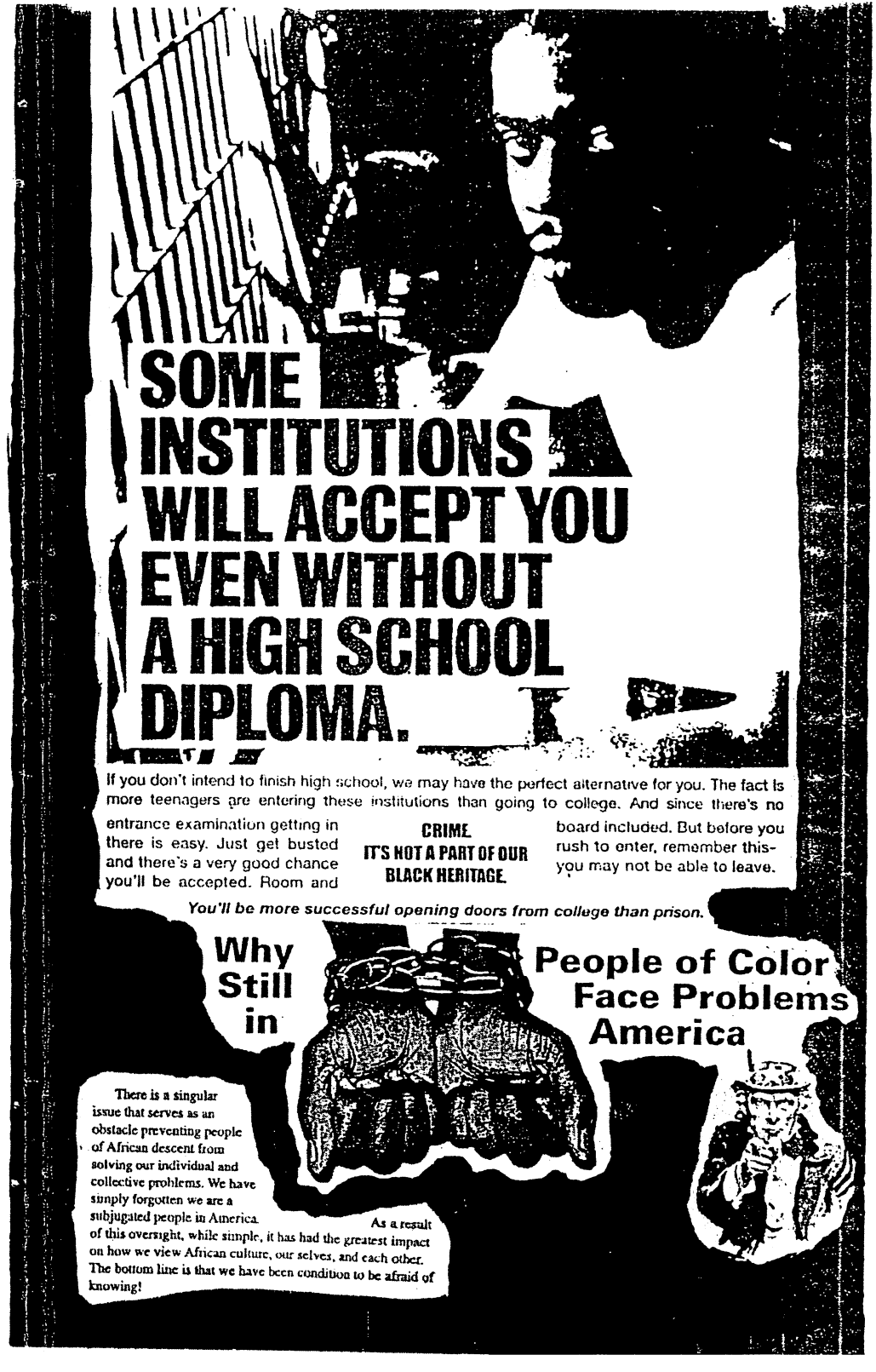


Who will tell the stories of those who refused to be slaves?

The Atlantic slave trade transported millions of humans from the coasts of West Africa into the New World stripping them of their dignity, freedom, language and culture. The accepted notion is that these Blacks willingly submitted to the chattel slave system, accepting their new lot in life. When one scours the records, a different story emerges. *Black Rebellion* chronicles the active resistance of Africans in the New World against their oppressors. These firsthand accounts reveal much that has been neglected in the traditional telling of history.



BLACK REBELLION



TIME FOR A CHANGE

FIRE AND BRIMSTONE

Fire and Brimstone
Welcome to hell
Angels from heaven
Stumbled and fell
They abandoned the truth,
Now they're living a lie.
Surrendered their glory
Just to get high
Their lives' now a story
Too gruesome to tell.
It's the story of crack heads
Living in hell
Where there's fire and brimstone,
Lighters and crack.
They try to escape,
But the crack has them trapped.
But, the goal to achieve, the thing to address,
Is the knowledge of self and consciousness.
For the greatest reward and ultimate wealth,
As all of us know is the knowledge of self.

Did You Know?

Housing projects were designed as "housing experiments" (thus the name "projects"). They were used to see how poor people would respond to living in cramped conditions.

As the author of the important book *From Niggas to Gods* says, there are OBVIOUS natural consequences to putting hopeless creatures into conditions so cramped and desperate that few have enough resources to survive. Studies show that if you put enough rats into small boxes with nothing else to do, they'll have babies, but then they'll run out of room. Eventually they'll begin killing each other, and even eat their young. And that's what the projects, the ghetto, the hood, and the TRAP, are all about!





Why Aren't We There Yet?

We live on the other side of the industrial revolution and in the age of technology. The problem is that we were just passengers (or cargo) on the ship of industry and technology, while white people charted whatever course they desired for themselves and for us. So not only did they fail to balance that financial and technological development with growth in social interaction, civilized welfare, cultural exchange, and peace… they also dropped us off somewhere else while they kept it moving! So on the other side of the modern age, we can't even say we're stuck in the Stone Age, because our people were healthy in the Stone Age! Instead, we're stuck with a bleak, desperate health future that looks like the bombed-out landscapes of *The Terminator*, *The Matrix*, and *Mad Max* combined. And some of us wonder if we're gonna make it.

THE WAR YOU DON'T SEE

Resurrection

People are dying. More precisely, people simply aren't living. Our communities are in a state of depression and shock. Many of us are literally like zombies. We go through the motions, yet we rarely make much out of our lives. And what do zombies do? They stink. They look a hot mess. They sometimes lose body parts. And they can't keep up with people who are living. Sounds like a lot of us. As Marvin Gaye observed in "What's Going On," what most of us are doing ain't living.

The destruction of our hoods has resulted in a fracturing of community. Without that unity, we keep spiraling down a hole where we all become self-centered predators, not caring about one another, much like the people who put us in these miserable conditions. This is also basically what a "dead people" will do. And when this happens, everybody suffers. Look at your own suffering right now, and imagine how it could be alleviated simply by adding one more person to your team, going through the struggle with you… and then you two add one more and then one more and so on. Think of everything that you could accomplish with a community of people dedicated to a common cause. The way to develop a community is through the common language and culture of mental and physical health and well-being.

"Before healing others, heal yourself." – Guinean Proverb

Our personal health is just the beginning. Once we are on that road to healing (since it's never truly "done"), then we can begin to heal our communities. And if we keep it moving, guess what? We might just end up healing the world!

& Respect

THE SLAVE TRADE

SEARCH FOR THE FACTS

Between 1500 and the late 1800s, slave traders forced millions of African human beings into property. Historians [illegible] discovered what happened. A summary of current knowledge:

Europeans reach into Africa

Portuguese explorers reached the coasts of present-day Ghana and Benin.

Trade began in 1500s and early 1700s

Dutch and English followed, entered slave trade

Trade soared in late 1700s and 1800s

Enslavement by Africans

How Africans made slaves of other Africans:

- Prisoners of war
- Captives in continental slave raids
- Condemned criminals
- Condemned debtors
- People accused of witchcraft
- People kidnapped and held for ransom
- People seized and used to ransom a captive

Slaves sent to the Americas

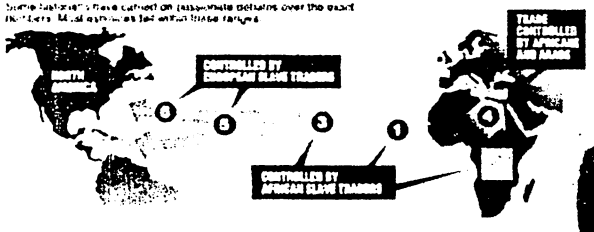
About 2/3 were male — 1/3 were female

Slaves kept in Africa

About 2/3 were female — 1/3 were male

How many slaves were there? Where did they go?

Some historians have carried on passionate debates over the exact numbers. Most agree on the figures listed below.



1 Africans captured and enslaved	
2 Kept as slaves in Africa	17 to 25 million
3 Sent to Atlantic slave traders	17 to 25 million
4 Transported to North Africa, Arabia and the Persian Gulf	5 to 8 million
5 Reached the Americas (Caribbean & S. America)	10 to 15 million
6 Went to North America	500,000 to 900,000
Died in forced marches to the African coast or on slave ships crossing the Atlantic	7 to 10 million

North American slave ports, 1700s

New England: Rodney, Salem, Boston, Providence, Newport, New London

New York, Philadelphia

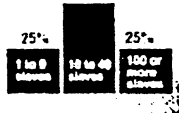
Maryland: Baltimore and Annapolis

Charleston, S.C.

Savannah, Ga.

Slave owners in Southern states, 1860

Mostly small- and medium-sized farms, plantations and businesses



Havana, Cuba

Santo Domingo, Hispaniola

Slavery in South America and Caribbean

Plantations and mines usually owned by a few people who had large numbers of slaves

We don't all live in the same world.
Our circumstances create our realities.

SLAVERY



the Wicked U.S.A.

Déjà Vu Warning

Protect Ya Neck

Da STREETS

SPY ON CITIZENS DAILY

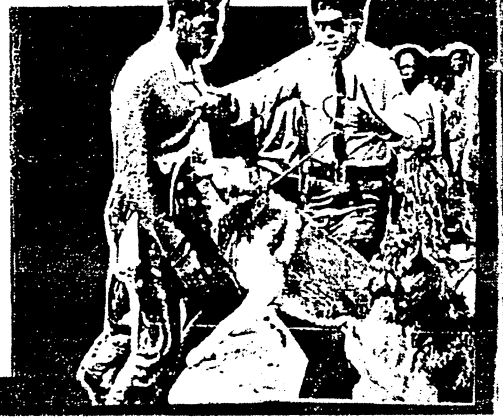
COINTELPRO

THE FBI's former Spy Program targeting Citizens of the USA



- Amadou Diallo, an African immigrant, shot at 41 times and killed for pulling out a wallet when stopped by plainclothed NYPD officers in his apartment vestibule (1999)
- Abner Louima, a Haitian immigrant, beaten and raped with a toilet plunger by the NYPD for breaking up a fight between two women (1997)
- Kathryn Johnson, a 92 year old Black woman, was shot at 39 times and killed by Atlanta police, for pulling a gun to protect her home against plainclothes officers who kicked in the door of her home (2006)
- Robert Davis, a 64-year-old retired elementary school teacher, was beaten by two white New Orleans police officers and two white federal agents for asking a question about a curfew (20
- Donovan Jackson, a Black 16 year-old special education student was caught on video being repeatedly picked up and slammed down by Inglewood police officers (2002)
- Martin Anderson, a 14-year old Black youth, died in 2006 at a Florida juvenile detention facility after being beaten, choked, and forced to inhale ammonia, by as many as eight guards, also recorded by videotape (2006)

Watch Out





Did You Know?

Black was once seen as good? The people of Kemet and many other ancient civilizations believed that black or dark-blue skin was a divine attribute. In Rastafari culture, among others, black is seen as beautiful. In early India, black skin was highly regarded, and babies were coated in sesame oil to make them darker. In Japanese culture, kuro (black) is a symbol of nobility, age, and experience. This has resulted in many martial arts as the black belt being one of the first senior ranks. In the Maasai tribes of Kenya and Tanzania, the color black is associated with rain clouds, becoming a symbol of life and prosperity. Black was also the color of the Arab dynasty of Abbasid caliphs, so black is frequently used in flags of Arab-Muslim countries. Blackness was regarded by ancient people as the source of all existence. The first gods of all the ancient civilizations were Black, including Osiris, Buddha, Krishna, and even Jesus H. Christ.





Have you forgotten that our ancestors were not allowed to practice their culture or pass it on to their children? After endless years of beatings, rapes, murders and back-breaking labor, maybe they found it easier to try to forget one of the saddest chapters of human history.

Maybe they erased the past from their minds in an attempt to ease their pain. Maybe they were ashamed of slavery or believed that it was a blessing because it brought them closer to the white man and his God. Maybe their enslavers encouraged them to forget the past so that they wouldn't realize that the past is prologue.

We have forgotten, and forgotten that we have forgotten. We have yet to fully recognize the need to preserve and defend the memories of our ancestors. It is time for a change of consciousness.

If we are to forget, then let us forget what it means to be disconnected from our past. Let us forget the centuries of spiritual brainwashing and mis-education which have separated us from the knowledge of our true selves. Let us forget about the negro so that we can begin to remember the times before color prejudice. Let us remember the times when the culture and consciousness of African people were the standards which others used to measure their humanity.

Touch This
U.N.I.T.Y.



One for All



Back in the Day



Down With the King

Ruff Ryders



LEADERS OF THE NEW SCHOOL

Ready or Not

Dear Mama,

I Be Missing You

(Me & You)
1
BY NATURE

Victory
Once at the bottom, there's nowhere left to go but up.

Keep Ya Head Up

One Love